

### **LEIGH SCHOOL NEWSLETTER**

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Wednesday 12<sup>th</sup> June 2019



# Dates to Remember

June 19 Interschool Soccer Tournament

23 Mid-Winter Swim Sausage Sizzle

July 5 End of Term 2

22 Term 3 begins

#### Tena koutou,

A couple of weeks ago I made reference to our 'Best You Can Be' learning for this year - the 'Leigh Learner Skills' of self-managing, collaborating and inquiring. In the first term, we focused on self-managing and we discussed what being able to self-manage looked like and decided that being able to set goals, be focused, be resilient and be organised were all important to being able to self-manage.

As a staff we deliberately created situations where children were given opportunities to develop these skills – eg when working on the 'Salp' projects. They were able to set goals, and show how they could be organised when completing tasks.

Building resilience is a more long term process, but one parents can definitely help us with. We found this quote from the following website helpful <a href="https://www.psycom.net/build-resilience-children">https://www.psycom.net/build-resilience-children</a>

'Parents can help kids build resilience and confront uncertainty by teaching them to solve problems independently. While the gut reaction of the parent might be to jump in and help so that the child avoids dealing with discomfort, this actually weakens resilience. Kids need to experience discomfort so that they can learn to work through it and develop their own problem-solving skills. Without this skill-set in place, kids will experience anxiety and shut down in the face of adversity'.

On the Reports that will come out at the end of the term, we will be marking where we consider the children are at in each of these four domains of self-managing as well as in collaborating – as these are the areas of Leigh Learner Skills that we have focused on over the first two terms of the year.

#### Julie

### **Upcoming events:**

June 19: Interschool Soccer Tournament

### **Interschool Sports**

The Interschool Soccer Tournament is to be held on Wednesday 19<sup>th</sup> June in Warkworth. This will involve the senior students. A notice will be sent home to those students selected for this event.

#### Mid winter swim

#### A LEIGH COMMUNITY MID WINTER SWIM

Meet at Matheson Bay at 10.15 am to take the plunge!

SUNDAY 23rd OF JUNE 2019 ( weekend after the shortest day)



Hot Drinks, . a sausage sizzle, hot soup and home baking as a fundraiser for the Leigh School for swimmers and spectators will be available (weather permitting).

So bring your gold coins and support our local school. and

Keep fit and healthy and have loads of fun.

We are asking parents to please bake for our Mid-Winter Swim stall? Preferably if people come to swim, bring their baked goods to the stall beforehand. If they are not coming to the swim, they can drop their baking off at Kate Shear's house on Saturday.



### **Yummy Stickers**

We are collecting Yummy stickers again this year. Collect the Yummy cut-out labels from bags (each cut-out label is worth 10 stickers) and individual Yummy stickers for Leigh School to be in to share the \$200,000 free DG Sport sports gear prize pool. Yummy apples and pears are available from New World, Pak'n Save and participating Four Square stores. The more we collect, the more sports gear we get. Start collecting your Yummy cut-out labels and stickers now!

Bring your Yummy stickers to the school office.

## **Community Notices**

#### Measles in Auckland schools

Please vaccinate your child or young person if they have not had one measles (MMR) vaccine. It is free at your GP.

Students in a class with someone who has measles may be asked to stay home for one to two weeks, if they have had no MMR vaccinations.

Students with one or more MMR vaccinations can still attend school.

Measles info at: arphs.health.nz/measles



#### 'What Now'

I am the Audience Coordinator for the children's tv programme 'What Now' (8-10am Sunday on TVNZ 2).

During 2019 we are broadcasting from around the country, show casing a different community each week. On **Sunday 16**<sup>th</sup> **June** our show will be coming live from **Helensville** and I would like to invite your families to be part of the live audience! Families (including adults) are all invited to come and experience live to being made while being part of our awesome audience...& it's FREE!! As space is limited, we work on a 'first in best dressed' approach.

Register online to be part of the audience www.whatnow.tv/bonus/audience

We look forward to joining your community!

Suzanne Irvine

Don't forget to visit our Leigh School facebook page for information and photos of past and upcoming events.